

Your Singing Success Path...

For those who like a linear approach...!

Some people love to approach the Fearless Singers Playground in a completely intuitive way.

Others prefer a more systematic approach – This page is for you!

Remember, whatever learning style you prefer, you're brave and awesome, & singing is your birthright!

Description of Stages

Action Steps

Results/Milestones

	Nervious "Non-Singer" →	Curious Explorer →	Joyful Learner →	Newbie Singer →	Happy Expressive Singer
Description of Stages	<p>At this stage some or all of these may be true for you...</p> <ul style="list-style-type: none"> • Think you can't sing, but wish you could • Feel left out when people are singing • Afraid of being embarrassed/shamed • Don't like your own voice • Don't know how to sing in tune (or can't really tell for sure) • Your throat feels tight when you sing • Don't understand how music works • Voice is unpredictable and cracks • You run out of breath 	<p>At this stage some or all of these may be true for you...</p> <ul style="list-style-type: none"> • Moving past the idea that you can't sing; realizing that you can learn • Realizing you're not alone; connecting through PG sing-alongs • Starting to have fun! Feeling more relaxed and learning to explore your voice without judgment • Understand that making mistakes is ok, and is part of learning to sing, just the way it's part of learning anything! • You're less critical of yourself 	<p>At this stage some or all of these may be true for you...</p> <ul style="list-style-type: none"> • You're getting to know & like your voice • Getting comfortable sliding your voice around and finding the notes you want • Can identify your specific challenges • Can identify your strengths • You understand that making mistakes is more than ok — "mistakes" are the seeds of exploration! • Enjoying the PG Sing-alongs and starting to sing more expressively • Singing more comfortably with friends, around the campfire, at church, etc. 	<p>At this stage some or all of these may be true for you...</p> <ul style="list-style-type: none"> • You don't run out of breath as much and NOTICE when you do so you can fix it • Throat is relaxed more often, and you can relax it on purpose • Singing feels good • You can slide your voice around with less cracking & it's more predictable • You're becoming your own supportive singing friend and coach! • Understand simple theory and how songs work — can visualize what notes you're aiming for 	<p>At this stage some or all of these may be true for you...</p> <ul style="list-style-type: none"> • You're singing in tune most of the time and can fix it when you're not • Loving the sound and feel of your voice • Your breath easily supports your voice • Your throat is relaxed when you sing • Voice is more predictable & cracks less • Singing & sharing songs w/ other people • You're finding opportunities to sing and having fun singing your heart out! • Feeling empowered! You're doing something you didn't think you could!
Action Steps	<p>Action Steps</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Join the Playground (YUP!) <input type="checkbox"/> Put the Sing-Along dates in your calendar; commit to coming to at least one or 2 <input type="checkbox"/> Join the Playground Facebook Group <input type="checkbox"/> Introduce yourself in the FB Group <input type="checkbox"/> Schedule your free 30-minute lesson <input type="checkbox"/> Fill out your Singing Growth Chart <input type="checkbox"/> Look over the Circle Chart <input type="checkbox"/> Start exploring the PG lessons and songs 	<p>Action Steps</p> <ul style="list-style-type: none"> <input type="checkbox"/> Come to PG sing-alongs when you can Do these Foundational PG Skills Lessons: <ul style="list-style-type: none"> <input type="checkbox"/> Sing with a Drone Note <input type="checkbox"/> Gentle stretching warmup <input type="checkbox"/> Give Yourself Permission <input type="checkbox"/> Explore Super-Quick Pop-Up activities Do One or Both of these Song Lessons: Bring Me Little Water Silvie, or Row, Row, Row Your Boat <input type="checkbox"/> Make a post in the FB group sharing about your experience so far 	<p>Action Steps</p> <ul style="list-style-type: none"> <input type="checkbox"/> Do 1-4 of these Skills Lessons: Breathing for Singing; A little Theory; Practicing 1-3-5 with the piano; 10 Little Minutes: How to Practice <input type="checkbox"/> Consider taking a private lesson or two <input type="checkbox"/> Choose a new PG song & learn it <input type="checkbox"/> Shruti Box Lesson: LOVE>FEAR! <input type="checkbox"/> Try singing with a supportive friend <input type="checkbox"/> Try singing with more conviction the next time you're at a birthday party, around the campfire, in church, etc. 	<p>Action Steps</p> <ul style="list-style-type: none"> <input type="checkbox"/> Do 2-4 of these Skills Lessons: Reduce Throat Tension; Visual Feedback for Pitch-Matching; Major & Minor; Using Audiation to Improve Your Pitch <input type="checkbox"/> Decide What Kind of "Practicer" You Are (for now) <input type="checkbox"/> Choose a new PG song & learn it <input type="checkbox"/> Seek out a new singing opportunity <input type="checkbox"/> Delve into a song you really like: Try to memorize the words; get solid on the melody and rhythm; explore all the feelings it brings up & sing it expressively 	<p>Action Steps</p> <ul style="list-style-type: none"> <input type="checkbox"/> Continue circling back to the basics (like all singers need to do!) & keep learning new skills & new songs <input type="checkbox"/> Do 2-3 of these Skills Lessons: Learning Lyrics; What is Harmony?; Singing in the Song Bath <input type="checkbox"/> Find/create singing opportunities: (Ex: Sing with a friend, host a singing party, join a supportive chorus, etc.!) <input type="checkbox"/> Use the Playground/Come to Sing-Alongs <input type="checkbox"/> Print out song lyrics and scribble notes on them - make a personalised songbook
Results/Milestones	<p>You've...</p> <ul style="list-style-type: none"> Attended your first Sing-Along Connected to the PG community Taken your free 30-minute lesson Starting to feel hopeful and excited! Explored the Playground and identified 2-3 exercises and/or songs you'd like to start with 	<p>You've...</p> <ul style="list-style-type: none"> Started to connect to your voice in new (& easier) ways Sung with a drone note & are starting to recognize the feeling of being in unison You've started to learn a song — maybe for the first time ever! You've come to Sing-Alongs & perhaps made requests for your favorite PG songs You've been interacting in the FB group 	<p>You've...</p> <ul style="list-style-type: none"> You've stepped deeply into the Zone of No Judgment and discovered the joy there Grasped the 1-3-5 concept, or reached out to Nancy with your questions. You've tried the breathing technique to support your singing Chosen one or two "project songs" that you're focusing on. Sung with the Shruti and experienced expressive improvisation. 	<p>You've...</p> <ul style="list-style-type: none"> Started a collection of songs you know Decided what kind of practice suits you best for now (either more casual or more organized). You appreciate all the ways you learn without even trying hard, & if you want to, you know how to set up a framework for a more formal practice, with no guilt build in. Been feeling kind of proud of yourself! 	<p>You've...</p> <ul style="list-style-type: none"> Created a rewarding singing life & found ways to continue singing and learning! Broken through a limiting belief (you CAN sing!) which empowers your whole life Learned to sing with emotion & expression Discovered your YOUR best practice styles Been singing in connected community Nailed a bunch of great songs! Learned to smile at mistakes— no big deal!