

FREE COACHING WEEK FOR BEGINNING SINGERS!

January 13-18, 2024. See Next Page for Class Descriptions

[Register Here!](#)

ONCE YOU'RE REGISTERED YOU'LL HAVE ACCESS TO GROUP CLASSES AND 15 minute PRIVATE CONSULTS

SATURDAY

12:00 [Join](#)
*Sing-Along
& Welcome!*

**FREE
SINGING
Consults
(15 Minutes)**
[Book here!](#)

4:00 [Join](#)
*Sing-Along
& Welcome!*

SUNDAY

12:00 [Join](#)
Group
Class:
*Breathing
for
Singing*

**FREE
SINGING
Consults
(15 Minutes)**
[Book here!](#)

7:00 [Join](#)
Group
Class:
*Mindset &
Singing*

MONDAY

**NOTE:
ALL TIMES
LISTED
HERE
ARE
EST!**

**FREE
SINGING
Consults
(15 Minutes)**
[Book here!](#)



TUESDAY

Enjoy a week
full of FREE
classes,
sing-alongs,
& private
consults!!

**FREE
SINGING
Consults
(15 Minutes)**
[Book here!](#)

7:00 [Join](#)
Group
Class:
*Relax Your
Throat*

WEDNESDAY

**NOTE:
Thursday
midnight
is your
deadline
to join the
Fearless
Singers
Playground!**

&

**BONUS
SESSIONS
will be
available to
member
of the
Playground
on Friday**

THURSDAY

12:00: [Join](#)
Group
Class:
*"HELP!
I Can't Find
Time To
Practice!*

**FREE
SINGING
Consults
(15 Minutes)**
[Book here!](#)

8:00 [Join](#)
*Q&A
SESSION:
You and
Your Voice*

AFTER YOU'RE REGISTERED CHECK YOUR EMAIL FOR ALL THE LINKS AND DETAILS YOU'LL NEED.

Class Descriptions:

Breathing for Singing:

Learn how to use your breath to support every aspect of your voice. This one singing skill improves your sound, your ability to sing in tune, and your physical and emotional comfort level, and makes singing a lot more fun!

Mindset & Singing:

When you sing, your body is your instrument, so mindset is completely connected to your ability to sing! Learn to work with fear and self-consciousness so you can sing with freedom and joy! We'll talk, play and explore sound together. You'll come away feeling more comfortable and ready to learn and express yourself.

Relax and Release Your Throat:

Do you ever feel like your throat is acting as a gatekeeper, trying to keep you silent, or that it's working harder than it has to? Throat tension is one of the biggest problems for singers of all levels. In this class, you'll learn (and experience) a variety of methods to keep your throat relaxed while you sing! **BONUS: These lessons apply to all areas of life — we so often create stress when we don't need to - right?!**

"HELP! I Can't Find Time To Practice":

Learn how to fit in the practice you need to improve — it's much easier than you think! We'll define the term "Practice" so that it works with YOUR life, and you'll leave with new tricks and tips, as well as a new perspective that will make it much easier to improve your singing!

Singing in Tune:

EEeek! This is the scariest one for most people! But don't worry... The trick here is to slow down. Singing in tune isn't only about hearing, it's about *feeling* and *thinking* as well. We'll start by slowing way down so you can really feel the sensation of matching the pitch you're aiming for, and then learn to use this skill in a practical way when singing songs. And you'll learn a little simple music theory that will help you so much when you're learning songs! **(Note: this class is open to Playground members only)**

